



# 7<sup>th</sup> RHNK AYSRHR Scientific Conference

## Theme: Priorities for advancing AYSRHR in Africa.

# Logistics Note FOR DELEGATES



**Sarova Whitesands Beach Resort & Spa,  
Mombasa County, Kenya.**



**18<sup>th</sup> - 21<sup>st</sup> June, 2024**

## Dear Esteemed Delegates,

We are delighted to welcome you to the 7th RHNK Adolescent and Youth Sexual and Reproductive Health and Rights (AYSRHR) Scientific Conference at White Sands Beach Resort and Spa, Mombasa County, Kenya from 18th to 21st June 2024 which brings together over 500 participants.

A detailed conference program will be shared with you before the kickoff of the conference to facilitate your full participation.

Your participation is highly valued, to ensure a smooth and productive experience, please take note of the following logistics details:



### **TRAVEL PLANS**

All travelers arriving in Kenya from countries where yellow fever is endemic should present a valid yellow fever certificate. For further clarification please visit <https://health.go.ke/travelers-information>

There are several modes of transport to White Sands Beach Resort and Spa, Mombasa.



### **Flight**

For those flying in, please have **Moi International Airport (MBA)** as your destination. The commonly used airlines are:

- Kenya Airways: **+254 711 024 747** or **+254 734 104 747**

For more information visit this link: [Kenya Airways](#)

- Jambo Jet: **+254 711 024 545**, **+254 734 104 545** or **+254 203 274 545**.

For more information visit this link: [Jambo Jet](#)



### **Bus**

If you prefer a more budget-friendly option, you can take a bus from Nairobi to Mombasa.

Preferred Options are:

- Mash Poa - <https://masheastafrica.com/>
- Dreamline - <https://www.dreamline.co.ke/#!/>



## Train

The SGR operates daily check the schedule to plan your journey accordingly. Plan to arrive at the Mombasa Terminus.

- For booking, please use the link- <https://metickets.krc.co.ke/>



## Drive

If you would like to drive down, the distance between Nairobi and the Sarova Whitesands Beach Resort & Spa in Mombasa is approximately 442.5 kilometers.

***NB: Mandatory travel requirements are your National ID or Original passport valid for a minimum 6 months.***



## 1 (B) AIRPORT TRANSFERS

The mostly **online taxis** used are Uber and Bolt and this are found on Play Store for Android and App Store for Apple applications respectively.

There are also available **off system taxis** and mostly used here are the:

### **Jomo Kenyatta International Airport - Nairobi, Kenya**

- Amicabre travel services: +254 727 633 833

### **Moi International Airport -Mombasa, Kenya**

- Sacco yellow Taxis: Eunice - +254 753 515 767,
- Hungerstone Tours and Travel: Nelly Mtoto - +254 722 808 601

***NB: Please note that all travel charges are the delegates responsibility.***



## **VISA REQUIREMENTS**

Countries that do require visa application to access Kenya can be found on <https://immigration.ecitizen.go.ke/index.php?id=6>





## ACCOMMODATION

Accommodation will be available at the White Sands Beach Resort and Spa, Mombasa. Additionally, we have identified alternative hotels and apartments near the White Sands, which are listed on the conference website. Participants are solely responsible for their own bookings and cancellations if any.

Hotel	Contact
<u>Sarova Whitesands Beach Resort and Spa</u>	+254 731 270 363 or +254 709 111 000
<u>Voyager Beach Resort</u>	+254 722 205 894 or +254 720 201 155
<u>Severin Sea Lodge</u>	+254 746 995 690 or +254 746 994 520
<u>Pridelnn Flamingo Beach Resort</u>	+254 793 070 888 or +254 724 957 944
<u>Pridelnn Paradise Beach Resort</u>	+254 793 070 888 or +254 724 957 944
<u>Travellers Beach</u>	+254 720 648 708
<u>Bamburi Beach Hotel</u>	+254 722 203 600
<u>Plaza Beach Hotel</u>	+254 723 661 008
<u>Sai Rock Beach Hotel</u>	+254 720 950 709
<u>Kahama Hotel</u>	+254 720 593 388



## WEATHER ADVISORY

Weather Advisory for June in Mombasa:

**Temperature:** Expect daytime temperatures around 29°C (84°F), with nighttime temperatures dropping to approximately 23°C (73°F).

**Humidity:** The high humidity levels will make it feel even hotter.

**UV Index:** Be cautious of the high UV index; protect your skin and eyes accordingly.



## DRESS CODE

The conference dress code is business casual.



## REGISTRATION

Registration fee caters for conference space including all engagements, branded IEC materials, a buffet lunch, offering diverse dietary needs and preference, Light snacks served during morning and afternoon tea breaks.

Please note that registration closes on **31st May 2024**. Collection of badges will be open on the **17th June 2024**. All delegates are expected to keep their badges throughout the conference days. Loss of a badge should immediately be reported at the registration desk.

Conference registration information can be found on <https://rhnk.org/conference>.



## HEALTH

At the booth area, ushers will direct delegates to a first aid corner where they can receive care in case of an emergency.

For further medical care, we have the following hospitals:

Name	Contact
<u>Premier Hospital</u>	254-717-999-000 +254-714-400-099 - Ambulance
<u>Nairobi Homes- Mombasa</u>	0722 374369
<u>The Aga Khan Hospital, Nyali Medical Centre</u>	Hotline: +254 714 524 948 Tel: +254 (41) 505 1000 +254 (41) 216 1000
<u>The Nairobi Women's Hospital, Mombasa Branch</u>	<u>0110 160868</u>



## TELECOMMUNICATION SERVICES

Kenya offers a wide range of options for telecommunication services. The following telecommunication companies are available in the country indicating the consumption.

Rank ↕	Name of Operator ↕	Millions of Customers ↕
1	Safaricom	29.7
2	Airtel Kenya	9.7
3	Telkom Kenya	3.8
4	Finserve	1.9



## TOURIST ACTIVITIES

The Republic of Kenya, whose capital city is known as Nairobi- is one fascinating country, well known for her undoubtedly beautiful tourist attraction points.

[Nairobi, Kenya](#)

Mombasa on the other hand is one of the most visited areas in Kenya and offers a wide range of tourist engagements. For further information, please see the link below.

<https://www.kenyawildlifetours.com/top-tourist-attractions-in-mombasa-kenya/>



## ELECTRIC SUPPLY

For Kenya the associated plug type is G, which is the plug that has three rectangular pins in a triangular pattern. Kenya operates on a 240V supply voltage and 50Hz. Delegates are recommended to bring their adaptors to comply with the current available plugs.

## CONTACT INFORMATION

For any assistance or queries, please feel free to contact:

Email: [conference@rhnk.org](mailto:conference@rhnk.org)

Tel: +254 728 690663, or +254 202 220 160

*We look forward to hosting you and ensuring a memorable conference experience.*

*Safe travels!*



+254 202 220 160

conference@rhnk.org

<https://rhnk.org/conference>

**7<sup>TH</sup> RHNK ADOLESCENT AND YOUTH SEXUAL AND REPRODUCTIVE HEALTH AND RIGHTS SCIENTIFIC CONFERENCE**  
THEME: PRIORITIES FOR ADVANCING AYSRHR IN AFRICA

**2024**

In partnership with

SAROVIA WHITESANDS BEACH RESORT AND SPA, MOMBASA

18<sup>TH</sup> - 21<sup>ST</sup> JUNE 2024

**Sponsor** IPPF International Planned Parenthood Federation | Hewlett Foundation | **Co-conveners** CENTER for REPRODUCTIVE RIGHTS | Hivos people unlimited | SRHR FUND

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