

2023

ANNUAL REPORT

Reproductive Health Network Kenya



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Message from our Executive Director

Reproductive Health Network (RHNK) would like to express its sincere gratitude to the **Board** for their unwavering technical oversight, leadership, and guidance that led to smooth implementation of projects in alignment with our organizational strategic plan.

RHNK extends heartfelt appreciation to **International Planned Parenthood Federation (IPPF), Hewlett Foundation, Center for Reproductive Rights (CRR), Population Services International (PSI), Danish Family Planning Association (DFPA), Nefkens Stichting Ontwikkelingshulp (NSO), Wellsprings, Grand Challenges Canada (GCC), Swedish Association for Sexuality Education (RSFU)** among other donors for their steadfast commitment and ongoing support. Additionally, we are grateful to the mutual beneficial partnership of the **Ministry of Health through the Division of Reproductive and Maternal Health (DRMH)** and other implementing organisations in Kenya, whose partnerships strengthened our ability to deliver comprehensive reproductive health services and advocate for the health rights of individuals. The dedication and passion exhibited by **RHNK's healthcare providers** and **youth advocates** remain commendable. We acknowledge their tireless efforts in disseminating crucial information and facilitating access to sexual and reproductive health services.

In conclusion, RHNK is grateful for the collaborative efforts of all stakeholders involved in advancing its mission to promote reproductive health and rights. Together, we are making significant strides towards ensuring equitable access to SRH services and empowering communities to make informed choices.

Nelly Munyasia
Executive Director



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About RHNK



Introduction

RHNK has over 600 trained healthcare providers who include gynaecologists, doctors, nurses, midwives and clinical officers in 44 counties of Kenya. RHNK also has a wing of over 200 trained youth advocates drawn from various counties in Kenya.



Mission

To provide evidence-based information and quality comprehensive reproductive health services in Kenya through strategic partnerships and capacity building.



About Us

RHNK was founded under the Society's Act in 2010 as a network of trained healthcare providers who are committed to provision of comprehensive Sexual and Reproductive Health and Rights (SRHR) to All through strategic partnerships, collaborations and advocacy.



Vision

To create a healthy society with comprehensive reproductive health services.

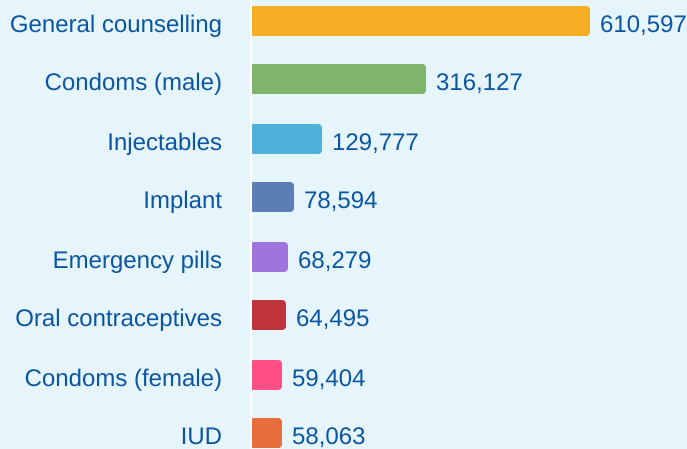


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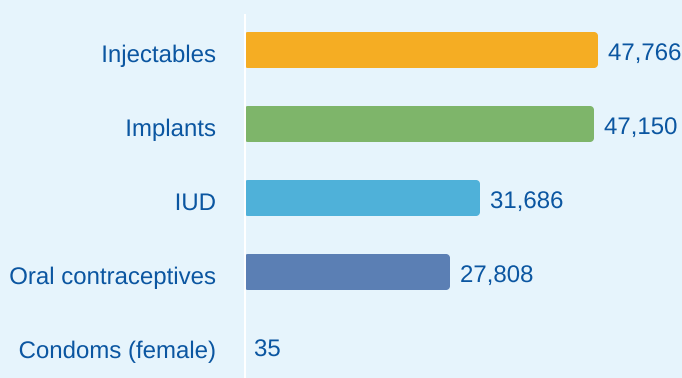
Service Delivery 2023 Highlights

Clients Served About **2.5 million** women of reproductive age reached with sexual and reproductive health information and services in Kenya.

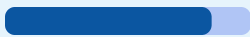


Contraceptives by Continuing Users

- **45% of 699,542** clients preferred male condoms as a contraceptive method
- **Implants (3 months), injectables (3 and 5 years) and emergency pills (POP)** were the **most continued** at **11.2%, 11.1%** and **9.5%** respectively; while oral contraceptives (combined) was the least continued at 6.8% by women



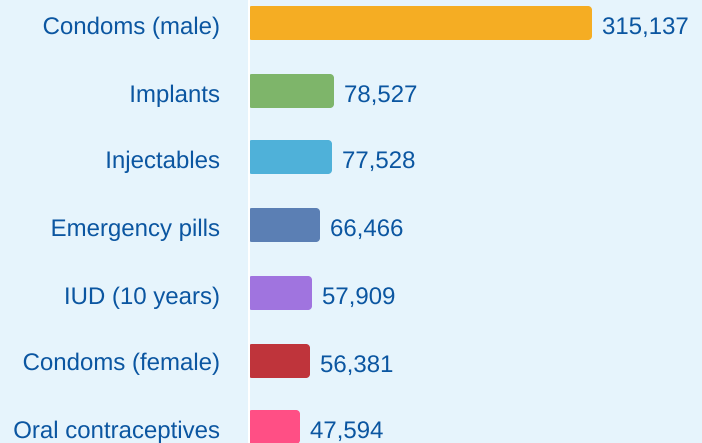
84%



of SRH services were offered through network health facilities (214 facilities reporting)

SRH Information and Services

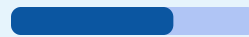
- **84% of 2.5 million** clients accessing SRH information and services were from peri-urban and rural areas
- **34% of 1,387,768** women accessing family planning were young women (0-24 years)



Contraceptives by First-time Users

- **58.2% of 154,445** first-time users were young women (0-24 years)
- The **most preferred method** by young women (0-24 years) were **injectables at 44%, oral contraceptives at 22.9%, IUD at 17.5%** and **implants at 15.6%**

66%



of clients aged 0-24 years accessed information & services through telemedicine



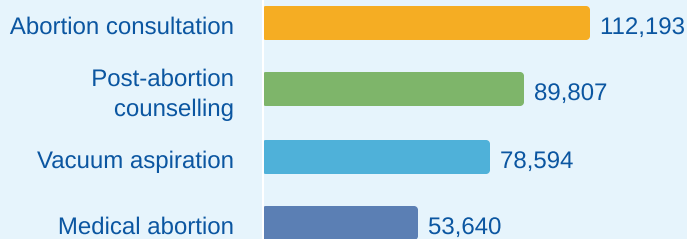
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Service Delivery 2023 Highlights

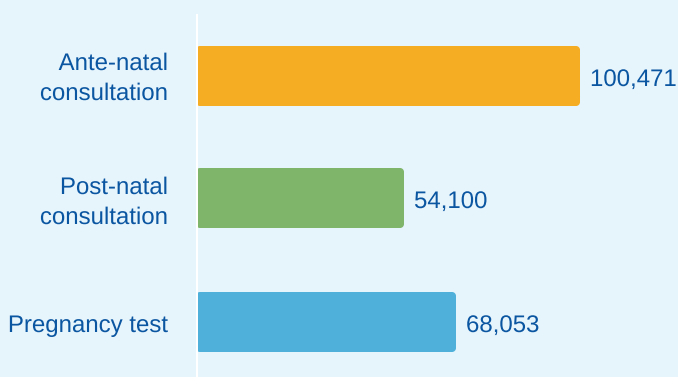
Non-contraceptive services

1,190,407 clients served with non-contraceptive SRH services such as **HIV, STI, safe abortion and obstetric services**



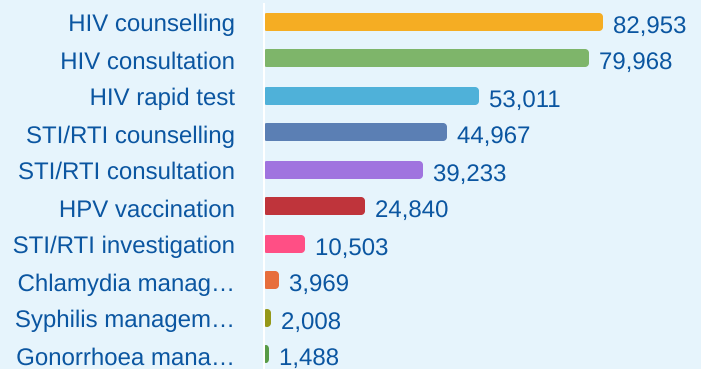
HIV and STI Services

- **87% of 344,620 HIV and STI clients** received services through network facilities, 6.9% from static clinic and 5.2% through outreaches
- **69%** of HIV and STI clients served were aged 0-24 years



Safe Abortion Services

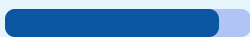
- **60% of 404,111** women who sought safe abortion information and services were young women (0-24 years)



Obstetrics Services

- **71.2%** of clients receiving obstetric services were aged 0-24 years

87%



of network health facilities offering SRH services were located in rural and peri-urban settings

73%



of all clients receiving SRH services were poor and vulnerable



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Programmatic 2023 Highlights



Policies & Guidelines

- Supported the development of the **Guidelines on Self-care in Reproductive Health**
- Supported the development of the **Training Manual for Healthcare Providers** on Self-care in Reproductive Health
- Supported the development of the **Clinical Handbook on Prevention and Management of the Big 5 Direct Causes of Maternal Morbidity and Mortality** in Kenya
- Supported the development of the **National Guidelines on Mifepristone and Misoprostol Combination (CombiPack Handbook)**



Convening

- Supported the Ministry of Health to constitute the **Self-Care Core Group (SCCG)** steer the implementation of approved self-care guidelines
- Supported coalition building of SRHR actors in Kenya that led to the revamped **Sexual and Reproductive Health Coalition (SRHC)**
- In partnership with the Ministry of Health, convened the **6th Scientific Conference on Adolescent and Youth Sexual and Reproductive Health and Rights** themed '**Localisation of Global AYSRHR Commitments**' that brought together 550 delegates from 12 countries across the region



Documentation

- Documented self-care pilot activities in Bungoma County (**A Qualitative Review of Initiatives by the Government and Implementing Partners - July 2022 to December 2023**)
- Documented comprehensive sexuality education activities in Kakamega County (**Taming Teen Pregnancies One Conversation at a Time**)
- **Over 30 articles** on SRHR published on mainstream media written by youth and network members



Program Reach

- Reached **1,007,619 people** through **online SRH campaigns** on various social media platforms
- Reached **17,521 young people** (in and out of school) with **comprehensive sexuality education**
- Trained **40 network healthcare providers** on SRHR service provision updates including legal framework and **37 youth peer providers** on SRHR media and budget advocacy
- Reached **550 employees** in 4 sugar companies through SRH outreaches
- Litigation advocacy saw the **withdrawal of a court case filed at Makadara court** against a network provider for providing abortion services to an adolescent.



Our Contacts

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