

ANNUAL REPORT 2022

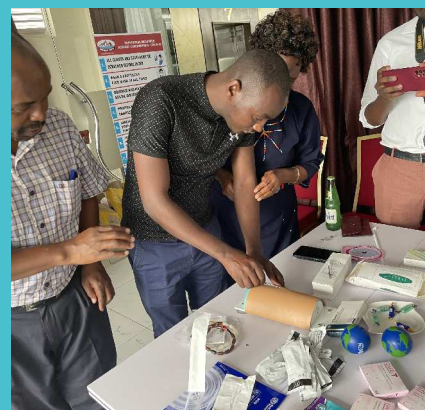




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MESSAGE FROM THE EXECUTIVE DIRECTOR

The Annual Report of the **Reproductive Health Network Kenya (RHNK)** for 2022 reflects a year of significant achievements and ongoing challenges in the field of sexual and reproductive health in Kenya. RHNK Secretariat, with support from the Board of Directors and its network members, has worked diligently to promote and protect sexual and reproductive health rights in Kenya.

Through improved access to family planning services, STI prevention and treatment, comprehensive sexuality education, and safe abortion care, the network has made a positive impact on individuals' lives. However, limited resources, societal stigma, and policy gaps continue to impede progress. The organization remains committed to addressing these challenges through advocacy, research, and collaboration with key stakeholders. With optimism and determination, the network plans to expand its reach, strengthen partnerships, and leverage technology to ensure comprehensive and rights-based sexual and reproductive healthcare for all.

The achievements outlined in the report are attributed to the unwavering support and dedication of donors, partners, staff, and volunteers. Their belief in the organisation's mission has been instrumental in driving success. The Annual Report expresses deep gratitude to all who have contributed to the **Reproductive Health Network Kenya**. The continued support of stakeholders will play a crucial role in advancing the network's vision and mission.



Nelly Munyasia,

Executive Director, Reproductive Health Network Kenya (RHNK)



NELLY MUNYASIA,
EXECUTIVE DIRECTOR,
REPRODUCTIVE HEALTH
NETWORK KENYA (RHNK)

REPRODUCTIVE HEALTH NETWORK KENYA: REPRODUCTIVE HEALTH AND RIGHTS FOR ALL



Reproductive Health Network Kenya (RHNK) was founded under the Society's Act in 2010. RHNK is a network of trained healthcare providers who are committed to provision of comprehensive SRHR to All through strategic partnerships, collaborations and advocacy. The RHNK network of young people in all their diversity are centred in the organizational structure providing leadership, programming and meaningful engagement of the adolescent and youth in its work. The network has over 600 trained healthcare providers who include gynaecologists, doctors, nurses, midwives and clinical officers in 43 counties. RHNK also has a wing of over 200 trained youth advocates drawn from various counties in Kenya.

OUR VISION:

The vision of RHNK is to create “a healthy society with comprehensive reproductive health services.”

OUR MISSION:

The mission of RHNK is “to provide evidence-based information and quality comprehensive reproductive health services in Kenya through strategic partnerships and capacity building.”

OUR IMPACT: HIGHLIGHTS OF THE YEAR 2022

**IMPACTED
OVER 217,000
WOMEN AND GIRLS**

through SRHR service
delivery and programming



**173,623
FAMILY
PLANNING**



**23,722
ABORTION
CARE**

14,234 CLIENTS

accessed family planning
post procedure services
from RHNK network
providers

**3,340 CLIENTS
SERVED THROUGH
COMMUNITY
OUTREACHES**

274 CLIENTS

served during in reaches
conducted at RHNK youth
friendly model facility
through

18,700 DMPA-SC

doses distributed to all
RHNK network healthcare
providers to boost service
delivery to women and girls

2,401 CLIENTS

accessed SRHR services
from RHNK youth friendly
model facility

10,834 CLIENTS

served during SRHR
humanitarian response in
Isiolo, Kilifi and Samburu
counties

OUR IMPACT: HIGHLIGHTS OF THE YEAR 2022

CAPACITATED OVER 200 SRHR STAKEHOLDERS

through training on various
SRHR topics and updates



**92
SERVICE
DELIVERY**



**61 SRHR
ADVOCACY**

102 TRAINED

on DPMA-SC and VCAT on
self-care i.e. 12 TOTs, 45
healthcare providers, 17
drug vendors and 28 youth
peer providers

12 CHMT TRAINED

on self-care to increase
awareness and buy-in on
their role to champion for
increased contraception
and MA self-care at county
level

7 MCA's

from Nakuru County
Assembly trained on SRHR
advocacy to build their
capacity as SRHR
champions

63 HCP TRAINED

on conducting community
dialogues, SRHR
communication and SRHR
self-care

14 CROSS- GENERATIONAL SPOKESPERSONS

trained on SRHR advocacy
and opposition monitoring

41 PRIVATE SECTOR

employees trained on SRHR
and gender equality at the
workplace i.e. 14 SRHR
champions, 12 company
gatekeepers, 4 labor
inspectors and 11 OSH
officials

OUR IMPACT: HIGHLIGHTS OF THE YEAR 2022

**OVER 9,000,000
PEOPLE REACHED**

with SRHR information
through online media
campaigns

5,695 CLIENTS

referred for SRHR services
through RHNK's Nena Na
Binti hotline

86,967 PEOPLE

reached with SRHR
information through
RHNK's Nena Na Binti
Hotline

600 FEMALE

employees from private
companies reached
through workplace
wellness campaigns and
company SRHR dialogues

11,451 PEOPLE

reached with SRHR
information by RHNK Youth
Committee through various
platforms

12,938 YOUTHS

in and out of school were
reached with
comprehensive sexuality
education

300 IEC MATERIALS

on DMPA-SC self-injection
distributed to youth peer
providers, network
healthcare providers and
community members
during outreaches

46 ARTICLES

on SRHR were written by
RHNK youth and network
members and published on
various mainstream media
channels

8 MEDIA HOUSES

engaged to spread SRHR
information

OUR IMPACT: HIGHLIGHTS OF THE YEAR 2022

2022-2027 STRATEGIC PLAN

was developed highlighting RHNK's strategic direction for the next 5 years

ON-BOARDING AND MENTORSHIP

strategy developed to provide guidance on on-boarding of new healthcare providers into the network and a mentorship framework

SRHR SELF-CARE GUIDELINES

developed by Ministry of Health through the support of RHNK and other stakeholders

APPOINTED

to the Family Planning Technical Working Group and Total Market Approach Task Force convened by Ministry of Health

SRHR MOVEMENT

in the country which brought together SRHR stakeholders was convened by RHNK to develop strategies to champion for progressive SRHR legal and policy environment

SUPPORTED KEMSA

in the development of Logistics Management Information System for family planning commodity tracking in the country

5TH RHNK AYSRHR

conference was convened which brought together over 450 SRHR stakeholders and delegates from across the region

RHNK AGM

was conducted which saw new board members elected into office, who were trained and successfully inducted into office

PROGRAMS AND ACTIVITIES: HIGHLIGHTS OF THE YEAR 2022

Service Delivery

Background

RHNK through its pool of trained healthcare providers, offer SRH information and services including comprehensive abortion care across the country. RHNK also conducts facility clinical and legal compliance audits, support supervision and facility assessment to enhance quality of care.

Achievements

- Provided contraceptives to 173,632 clients (31,631 IUCD; 60,146 implants; 15,387 male condoms; 16,658 COC pills; 28,987 Sayana Press; and 20,839 three month injectables)
- Provided abortion services to 23,722 clients (13,556 medical abortion and 10,166 surgical abortion)
- Provided post-procedure contraceptives to 16,389 clients

Lessons Learnt

- Continuous support supervision, training and mentorship key to improving service delivery
- There is need for SRHR commodity support
- Majority of clients prefer self-managed SRHR interventions

Advocacy

Background

RHNK engages in SRHR advocacy work at both the grassroots, county and national level. RHNK conducts training of network providers and other stakeholders who participate in national and county SRH technical working groups for policy formulation and dissemination and in budget advocacy SRH services.

Achievements

- Trained over 20 county health management teams, 7 members of county assembly and 14 cross-generational spokespersons as SRHR champions
- Over 40 network providers trained as SRHR advocates
- Member of MOH technical working groups i.e. Self-care, total market approach and FP commodity tracking (KEMSA)

Lessons Learnt

- Collaborations with like-minded stakeholders including the government, utilisation of evidence, grassroots, media, youth and faith-based organizations engagement and continuous training of advocates are key strategies for advocacy

Youth Friendly Model Facility

Background

RHNK runs a model facility (REHNET Medical Centre) that offers high quality youth friendly SRH services. The facility is located in Nairobi County, Embakasi Sub-county. REHNET takes into consideration the health of the needy and poor in the society, and offers access to affordable health services. It collaborates with MOH, CHVs and TIKO/Triggerize.

Achievements

- REHNET created a youth hub, a safe space where adolescents and young people engage in SRHR conversations
- REHNET conducted monthly in-reaches where clients accessed services at subsidised rates
- REHNET served over 5000 clients, 85% of whom were young people

Lessons Learnt

- Youth centred approach create a welcoming and non-stigmatising environment for AYSRH information and service provision
- Meaningful engagement of CHVs increase SRH service uptake by promoting accessibility, education and advocacy

PROGRAMS AND ACTIVITIES: HIGHLIGHTS OF THE YEAR 2022

Review of 2016–2021 Strategy

Background

For the previous planning period, RHNK's focus was underpinned on three strategic directions i.e. developing and sustaining positive branding and organizational image, building organizational capacity to implement projects beyond abortion services and strengthening internal governance capacity to support its network programs.

Achievements

- Developed 2022–2027 strategic plan with six areas of focus i.e. service delivery, advocacy, adolescent and youth engagement, evidence and research, movement building and gender equality at the workplace
- Developed organizational theory of change
- Developed costed implementation plan and risk analysis matrix

Lessons Learnt

- Need for continuous capacity building and mentorship of network service providers and youth advocates
- To improve resource mobilization, effective governance and prudent management and accountability is key

5th AYSRHR Scientific Conference

Background

RHNK convened its 5th Annual Scientific Conference on Adolescent and Youth Sexual Reproductive Health and Rights (AYSRHR) whose theme was 'Advancing AYSRHR in a Pandemic'. The conference was held at Sarova White Sands Hotel in Mombasa County, on 21st to 24th June 2022. The conference attracted both virtual and physical delegates.

Achievements

- The conference attracted over 450 delegates from across the region
- Presentations included 45 oral abstracts, 39 poster abstracts, 8 panel discussion sessions and 3 side events
- Partners committed to support the domestication of SRHR self-care guidelines in Kenya

Lessons Learnt

- Need for collaborations and partnerships among SRHR stakeholders to solve SRHR challenges faced by adolescents and young people

Celebration of Women in Leadership

Background

RHNK in collaboration with FIDA-K and other partners organized a celebration (Cocktail dinner) on 20th July 2022 in honour of Dr. Anne Kihara who has been elected to the helm of leadership in International Federation of Gynaecology and Obstetrics (FIGO).

Achievements

- Convened SRHR stakeholders in Kenya drawn from government agencies, civil society organizations, development partners, academia, health professional associations and women legislators
- Key SRHR challenges faced by women and girls outlined
- RHNK selected as SRHR movement convener

Lessons Learnt

- Convening a multi-sectoral movement offers an opportunity to address regression and advance sexual and reproductive health and rights in Kenya

PROGRAMS AND ACTIVITIES: HIGHLIGHTS OF THE YEAR 2022

Youth Engagement Activities

Background

Adolescents and young people bear the burden of poor SRH outcomes. The prevalence of teen pregnancy, HIV, unsafe abortion, SGBV, FGM and child marriage is high in some parts of Kenya. RHNK through its youth network provides technical leadership and support to the organization on adolescents and youth programming and implementation.

Achievements

- Conducted over 20 community dialogues, reaching 11,451 people with SRH information and 12,938 youths both in and out school with comprehensive sexuality education
- 47 opinion articles published on local newspapers
- Conducted 3 in-reaches at RHNK youth friendly center where 2,401 clients were served

Lessons Learnt

- Need to strengthen youth capacity in article writing
- Need for training of youth peer providers on safe abortion and contraceptives for value clarification and provision of accurate information in the community

SRHR in Humanitarian Setting

Background

Through the support of IPPF, RHNK responded to communities affected by hunger crisis due to rainfall failure for a third consecutive rainfall season in Kilifi, Samburu and Isiolo counties by providing essential SRH needs between August 2022 to November 2022. The response involved implementation of MISP for SRH in crisis situations.

Achievements

- Stakeholders in 3 counties sensitized on MISP and coordination mechanism setup
- Developed SRHR referral pathways in 3 counties
- Conducted integrated SRH outreaches in different regions of Kilifi, Samburu and Isiolo where 10,834 received SRH services

Lessons Learnt

- Working closely with food distribution agencies increases reach
- Working with local administration for coordination and security is key
- Working with community opinion leaders reduces societal stigma and creates buy-in

National Self-Care Network Lead

Background

In January 2022, RHNK was selected as the National Self-Care Network Lead in Kenya by Self-Care Trailblazer Group (SCTG) to spearhead the domestication of WHO SRH self-care guidelines in the country. Together with other stakeholders, RHNK supported the Ministry of Health in ideation, drafting, finalizing and validation of the SRH self-care guidelines.

Achievements

- Mapped and engaged SRHR self-care taskforce members
- SRHR self-care policy landscape analyzed in Kenya
- Supported MOH led self-care domestication workshops
- National Reproductive Health Self-Care Guidelines developed and validated

Lessons Learnt

- Upscaling sensitization activities and multi-sectorial collaboration promotes advancement of self-care concept
- Working closely with Ministry of Health in policy domestication creates goodwill at national and county level

PROGRAMS AND ACTIVITIES: HIGHLIGHTS OF THE YEAR 2022

SRHR and Gender Equality

Background

RHNK in collaboration with Federation of Kenya Employers (FKE) implements a project that mainstreams SRHR and Gender Equality (GE) at the workplace by creating inclusive, supportive and equitable environments for all through policy advocacy, awareness creation and trainings, employee support and encouraging formation of SRHR employee resource groups

Achievements

- Over 600 female employees reached through wellness campaigns in company SRHR dialogues
- 14 SRHR and GE champions/peers at workplace recruited and trained
- 12 company gatekeepers trained on the importance of GE and SRHR
- 4 labour inspectors and 11 company OSH committee officials trained

Lessons Learnt

- Need to upscale education and training and cultural change sensitization programs
- Need to foster employee engagement and empowerment
- Regularly monitor and evaluate effectiveness of SRHR and GE initiatives in the workplace

Social Media and Communications

Background

RHNK through its youth network utilises social media and other channels to advance SRHR issues by raising awareness, creating a safe and inclusive space for interactive engagement, tailored messaging, utilising compelling visuals to convey SRHR messages, collaborate with like-minded advocates to amplify messages and leveraging on hashtags, trends and conversations related to SRHR

Achievements

- A total of 9,003,857 people were reached with SRHR information through online media campaigns
- A total of 8 mainstream media houses were engaged on the spread of SRHR information
- Increased subscriptions on RHNK social media platforms i.e. TikTok, Facebook, Tweeter, Instagram and LinkedIn

Lessons Learnt

- Targeted education and awareness campaigns key in combating AYSRH stigma
- Using youth-friendly communication strategies and channels empowers empower young people to take control of their SRHR

Nena Na Binti Hotline

Background

Nena Na Binti is a hotline operated by RHNK that seeks to ensure uninterrupted access to comprehensive SRHR information and services by adolescent and young people including key populations, free of stigma and discriminations. Through the toll free line 0800 211 227, RHNK offers a safe space for access to lifesaving SRHR information and services

Achievements

- A total of 85,802 clients were reached with SRHR information
- A total of 5,695 clients reached through direct calls and referred to healthcare providers for services
- 90% of clients served by the hotline were adolescent and young people

Lessons Learnt

- Hotlines are convenient and maintains privacy and confidentiality
- Hotlines offer a safe space for individuals to discuss their SRHR
- Hotlines empower individuals to make informed decisions about their SRHR

OUR DONORS: YEAR 2022



CENTER *for*
REPRODUCTIVE
RIGHTS





OUR CONTACTS

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